

JAGRUTHI TRUST

REPORT FOR THE YEAR APRIL 2016 TO MARCH 2017

A. INTRODUCTION :

It is with great pleasure that we record the activities and achievements of Jagruthi during the year 2016-'17. Jagruthi is a "Child Care Organization" known for its various Projects designed suitably to identify and intervene in the lives of children/youth living in especially under difficult circumstances. For the past two decades Jagruthi is working with children/youth that are facing various kinds of abuse and exploitations within the family and outside and those children who are vulnerable to such situation. They are plenty of children/youth cheated and neglected by the society but a few organizations are working for them due to the quantum of risks involved in the work. Jagruthi stands for the "Rights" of these children to make them aware of their rights and stand for it. We work throughout the entire city of Bangalore, by dividing it into various regions, to cover all the children in 'In Need' During the last year we had an 'External Evaluation' and the findings are very encouraging for us to realize that we have touched the lives of thousands of children and enabled them to change their behavior and lead dignified lives in the society in which they are placed. The 'Team Jagruthi' is a group of dedicated and experienced staff who are spending their lives for the sake of children who are neglected and forgotten.

B. VISION

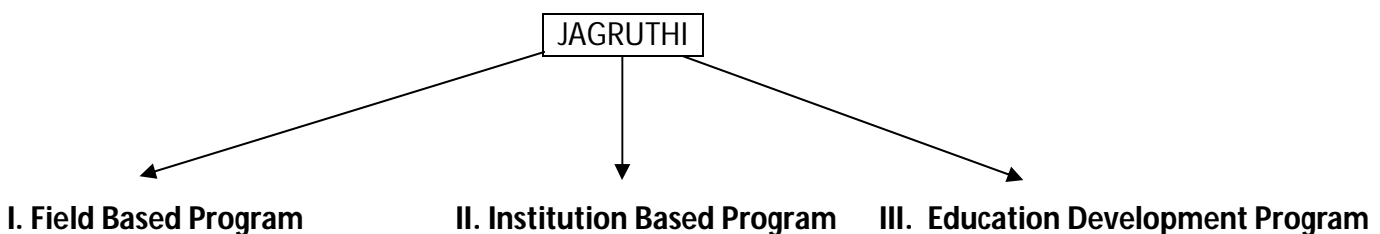
C. Our vision is of a world where the Rights of the children are protected and enable them to enjoy their childhood happiness; and lead a value-based life

D. MISSION

JAGRUTHI exists to protect children and their rights through a process of community education, motivation and action, neutralizing the influences that could deprive program participants of safe childhood, upholding their right to dignity and self-esteem and ensuring that they will not be subjected to any form of discrimination and be safeguarded from all forms of exploitation in the best traditions of transparency and accountability.

E. CHILD FIRST INITIATIVE:

For Jagruthi, "Child" is the Centre of the Programme and all the Projects are scientifically designed to suit the need of the individual child. We believe that each child is in an 'Individual' and their needs are not the same. So we prepare 'Individual Intervention Plan' and follow it so that the particular child could be 'Integrated' meaningfully into the family/community. The following diagram depicts the different programs designed for various categories of children under the intervention plan of Jagruthi:



I Field Based Program:

At the present context, the children/youth and the general public of Bangalore City have become well aware of the 'Rights of Children' and they try to protect the children from abuse and exploitation through organization like Jagruthi. But at the same time there are a few cases reported about the molestation of children/youth that occur in schools, Colleges and other institutions. When such cases are reported the Parents and the general public come together and give pressure to the Government to take immediate action against such institutions. The parents are well aware of the danger and they send their children to institutions where the children have safely. As per the instructions given by the Government (both central and state) all the institutions have Child Protection Officer and other equipment fixed to protect children from harm. Jagruthi takes precautions measures to provide conducive atmosphere in the communities and empower them to protect themselves from abuse and exploitation. Jagruthi has developed a well-designed 'Child Protection Policy' which is easy to follow and to enable the children and youth are to contact the concerned officer/staff to free themselves from the clutches of the miscreants.

The main strength of Jagruthi is that it maintains good rapport with the general public, like minded NGOs. Police Department, Community Leaders and social activists. We provide Counseling and Guidance to anyone who is finding it difficult to come out of the situation. Many children and youth suffer silently without disclosing the situation for fear of stigma and public disgrace. Our staffs visit the families and the identified beneficiaries and provide them individual and family counseling in taking care of the children when they are left all alone. We maintain all the records confidential and deal with cases of children with great respect for the affected child and the family. We work in close association with the 'Child Line', Child Welfare Committee and the women and Child Welfare Department. Since we are working with the children living under difficult situation and vulnerable children we prepare Individual Program Plan for each child according to the need of the individual child and start our intervention.

Target Group

Sexually abused and exploited children: The main focus of Jagruthi is to **Protect** children and young women who are sexually abused/ exploited and provide them appropriate **Rehabilitation** through **Community Based Intervention Programs** and also **Prevent** other children/young women living in vulnerable situations, .During the year under report we have admitted 655 Children for support.

Vulnerable Children: We find another group of children who are at the risk of being exploited within the family situation and they need to be segregated from the family and be given **Institutional Care** for a short period of time. We refer them to appropriate institution for life skill training and integrate them in the family/community. We have taken 75 children during the year under report.

Children and young Women on the street: Apart from this our field staff identify a lot of children/young women on the streets of Bangalore who left their home from different places and come to Bangalore seeking good fortune. They are cheated by the pimps and the so called agents. Such children have no other place to go, For such of them we have established a **Short Stay Home/Transitional Home** with all the required facilities. We provide them basic needs of life , education, health care, socialization and life oriented skills so

that they could be **Integrated** Into the societal mainstream. This year we have taken 19 of children for intervention.

Sexually abused boys/MSM/ Transyouth: At the center of the city we have a Health Care Clinic-cum-Counseling Centre for the identified young boys who are sexually abused and exploited. Our Field Staff identify them, refer them to the clinic and do the necessary follow-up to ensure that they come for treatment and counseling on regular basis. During this year 458 beneficiaries made use of this opportunity.

Children of sex workers/community children: We have two "Play School/Crèche" for the benefit of the vulnerable children in the community. We provide them Nutrition, Health Care and Basic Education mainly to motivate them to join the main-stream of education so that their life could be transformed through our intervention and parents training. During the year under report 153 children were undergoing early childhood education program.

Activities during the year of April 2016 to March 2017

1. **KNH India Team Visit (May 2016)**– It was wonderful to have KNH India , the team members in their new roles visit us to have an exposure about Jagruthi's programs. Mr. Amit Chaudhary, Ms. Komal , Ms. Rachel, Mr. Arul, Mr. Prince Nehemiah and Mr.Stanley D'Silvia were among the members.



2. **On World Environment Day (June 2016)**Teaming up together - Jagruthi associated with Uttirna, HELP,CISCO CSR, Jaya Karnataka (Mattadahalli Team) to organise this initiative of planting 600 saplings in North Bangalore area to spread this message with Jagruthi and MEG School children of creating a fresh breathing environment.



3. **Playschool Dayout (August 2016)**-Jagruthi Playschool Dayout with CISCO volunteers was organised.Kids from both Sara Kailath Playschool and Shivajinagar Playschool around 55 kids (selected kids between ages 3.5 & 5.5) Started in the morning till late afternoon at Bal Bhavan - Toy Train, Children's play park.



4. **'Run for Bharath'(August 2016)**- On the 70th Indian Independence Day there was another Event to motivate people to keep fit and run for the nation called 'Run for Bharath'. A five kilometer run during the dawn of Independence Day around RT Nagar in Bangalore. We had six of our high school boys from MEG School who participated and one of them by name Thohith Charan finished fourth among 150 runners from all over the city of all ages and backgrounds.



5. **Life Skills Workshop-Field Program (August 2016)** - Jagruthi Organised a Special one week activity for community youth from areas of Shivajinagar, Srirampura and Anandpura. This had HIV/STD Awareness , Focus on better future.



6. **Swacha Bengaluru Activities (September & October 2016)** - Our children and students of MEG School involved in cleaning and adding anti-infectory preventions as they also went on a rally around and near MEG school in Doddigunta, Cox Town Bangalore. The events involved in this program were as follows: 1. Pledge Ceremony 2. Campus Cleanliness Drive 3. Awareness Rally Doddigunta area is one of the major slums located in Bangalore.
7. **Diwali (October 2016)** - The festival of lights was celebrated with volunteers with lighting lamps, small pooja and some dance.
8. **Dasara Pooja (October 2016)** - This festival of utensils was a grand one where playschool children and staff did puja and celebrated with sweets.

9. KNH Germany team Visit (November 2016) - Angelika Böhling (Head of Press Department) and Mr. Jakob Studnar (photographer), Mr. Hubert (Writer), Silvia (Coordinator for this Geography) joining along was Mr. Arulraj of KNH India, Mr. Consultant and Mr. Homer Ephraim to study for articles in KNHG journals. A wonderful and cherishing experience for all of us especially when they directly interacted with our beneficiaries in the centers and in the field. The photos taken by Mr. Jakob were par excellence.

10. World AIDS Day (December 2016) - Started with a brief awareness and documentary session to children along with Cisco volunteers. A rally around the communities, raise awareness with slogans - distributing leaflets, booklets, to the public – shops, passerby, etc. Also a visit to the government health center at Cox Town – Had an interaction with medical staff. Later, an up and down ride on Namma metro. Along with CISCO volunteers and staff to talk and distribute leaflets, booklets, to the public – passengers and passersby and staff, government servants like police etc. This was basically to raise awareness of HIV/AIDS highlighting the main points, during this ride we came in contact with many school & college goers and other people who were given awareness.



11. Special Week of Events From 28th November to December 3rd 2016. We had a range of activities – Workshop for 10th std (School final) children of the community, Interactive Session with high school children and teachers (Jagruthi and MEG School children) Session with teachers and high school students to motivate them, have computer training and career options in the future.

12. Christmas Program in Playschool (December 2016)- Playschool that is run for the kids of the marginalized and vulnerable communities. A small program with the children and Cisco volunteers organised by staff. Carol Songs, Crib, Christmas tree. Some tiny tots were dressed as Santas and Angels.



13. Shopping in the Market- Activity for young children of community attending MEG School (January 2017) - were taken to the nearby Cox Vegetable, Fish and meat market for an exposure trip and also a small activity where children were given hands on experience of buying vegetables and taking the exact amount of balance money from the vendors.

- 14. Workshop by Dr.Guna Fernandez and Mr.Anto Paul of Direct Impact Group (January 2017)-** touching on data collection, computerizing of data maintenance, documentation and finance functions.
- 15. KNH Germany officials visit – Mr.Christoph Den and Mr.Michael Scramm along with Mr.Amit Chaudhary of KNH India** visited the Playschools and had interaction with staff at the Clinics/counselling center as well in January 2017.



- 16. Medical Camps-(February 2017) With government missionaries help and private institutions** -Measles vaccination and General health check up was conducted for playschool children , and was open for all marginalized community members who availed the services free of cost and follow up sessions were also conducted the next day.



Capacity Development Activities

The following capacity building activities were implemented during the year under report to boost the efficiency of the staff:

- Field Staff Meeting once a month to review the work and plan for the next.
- Case Review Meeting every month. (to study the case of each child)
- Development and Streamlining of System- Designing Management Information System by Jagruthi under taken by Direct Impact Group under the leadership of Dr.Guna Fernandez
- **Training session for Playschool teachers – August 2016**
Conducted by Dr.Lalitha Appachu , Training Consultant and Director of the Centre for Training Excellence, a consultancy .It was to enhance the methods of training kids as young as 3 form the marginalized.
- **FCRA Training , touch base on Lokpal and other finance issues (September 2016)** was conducted for a couple NGOs coordinated by KNH India.Jagruthi team was an attendee of this training.
- Staff Training in desk research on KNH Standards and donors requirements.

- Training for staff and in-house Champs to ensure imbibing and continuance of system Development
- **Project Cycle Management Cycle Training** was conducted by Ms.Bridget Prema for key staff of Jagruthi ,Initiated by Dr.Mrs.Guna Fernandez (March 2017). It was reckoning to be an eye-opener for us to streamline our thinking, mind mapping and documenting our project works on the whole.

Case Studies

1. Shivaraju

Shivaraju, 22 hails from Tumkur district of Karnataka. He was born to a poor family where both his parents work in a big bungalow of a village landlord. But they were ill-treated all the time. As Shivaraju was growing up, he understood that he would end up being manservant himself just like his father, it so happened as he understood! He was not sent to school after 6th std as he was poor in studies and also was an angry child due to the frustrating and penalizing circumstances at home working under a big landlord, always seeing his parents and himself, being abused and being ill-treated. Eventually, he left the place and landed in Bangalore when he was barely 16.

He says he did have a tough time as he was a young boy without money and proper jobs. Finally he got a job in a military hotel in Shivajinagar, Bangalore. Fortunately as he worked as a housekeeping staff he was given a place to stay in the hotel itself with three others in a tiny room adjacent to the bathroom area which was not hygienic. Over the course, he got along even with the unfavorable environment as that was all life could offer as he thought. So to say, he also befriended with the three others, one of them was a girl who was a year older to him. This girl, Nethravathi and Shivaraju fell in love. And they did get physically close as well when the other two boys were not there in their rooms. The girl complained of severe weakness and skin problems after a few months, knowing all this, the hotel managers sacked both of them out.

Fortunately, the girl, Nethravathi was somewhere around our clinic found physically weak and emotionally very down - while Shivaraju went to ask for jobs in the shops,. She was slowly helped to our clinic by a peer staff of Jagruthi and later was tested and found that she was HIV +ve, she is under ART (Anti-retroviral treatment) who made use of the medical services available in our clinic. She told us about Shivaraju, who was found the next day around the same place where Nethravathi was found.

Shivaraju was also tested positive for HIV; however, since his CD4 count was good he is not under ART.

In spite of this, as Nethravathi got a little better in health, Shivaraju married her. Both of them were provided with post marital counseling especially on pregnancy and child care. For a year now, both of them work as independent street food vendors in Halsur area, they are thankful for having gotten the opportunity for a better life and also look forward for a nice future.

2. Menakamma

Menakamma was born in Bommasandra, a small suburb far away from Bangalore city, in Karnataka, India. She is 29 years old. Her father had two wives, Menakamma was born to the first wife, the second had three children. Menakamma was forced by her father to marry one Mr.Kannan when she was just 12. So she married him having no choice or defence.

After that, she lived with her husband happily in the initial stages of their marriage and they had two children. Kannan was addicted to alcohol and did not have a good job. Menakamma faced domestic violence and went

through with a lot of financial problems. When Menakamma was 24, Kannan, her husband met with an accident and lost both his legs. Post that she started working in a garment factory.

As she continued working, she came across a friend who told her that sex work could get her more money. Though initially she was uncomfortable, she got adjusted to this 'new' part-time work.

So she continued to do sex work as well as a staff of a garment factory, thinking that it will help her in educating her two children. She seemed to be in complete ignorance of Sexually transmitted diseases that are fatal. But still, there was some emptiness and sadness and she was feeling tired, thus, she came to our clinic. In the clinic, she was provided counseling, raising her awareness on STDs/STDs, channelizing her to find alternative work opportunity. She is not HIV positive but had other infections that is being treated. She also hopes to come out of sex work completely, understanding the personal health and social dangers involved. She wants to have a better standard of life with her children and ailing husband. For this we provide special counseling and have her involve in our meetings and some activities to be an example that others will learn from. Her travel expenses are also being taken care by us.

3. Sharon

Sharon, 5 years and six months of age is a student of Playschool in Shivajinagar. Now in Upper kinder garden class. She will join formal school this June 2017. She started schooling here from June 2015.

She is the third child apart from an older and a younger sibling. Her family could not even afford to stay in a house in a slum as they were migrants and they had no money. So, Sharon stays in a joint family with her aunts, uncles and cousins under a shelter at the backyard of a hotel. However, every elder was out of the house most of the times searching to earn money, leaving the children behind. A few days later they got small jobs– women working in other houses as maids throughout the day, men in bus terminals as cleaners, bus-keepers at any time in the day or night. Sharon's parents were also doing the same.

So, like all the other children in the house, Sharon was left to play with her cousins. The elders did have much thought or concern about their children's future and well-being. Children had to fend for themselves. This puts them into a very vulnerable and unsafe situation and same was in the case of Sharon.

Fortunately, through an admission drive in 2015 and field visits done by our staff, Sharon was identified and admitted to our playschool. Sharon was regular to school except during festivals. Her father was alcoholic and there were severe domestic disputes, violence among her parents and others. Witnessing these things, affected this child's feelings and health.

Sharon was given care in these areas apart from the regular education and nutrition. Her mother was given social awareness and counseling in the meetings. The father was hardly attending any meetings in our playschool. Only during home visits we could see him but in a very angered, intoxicated state with alcohol. Beyond all this, the child did well in her studies in our playschool, and her mother appreciated and is thankful to all our help. We are happy that Sharon will complete her Upper Kinder Garden well and will continue her education in a formal school and be change maker in her family and have a bright future.

II Institution Based Program

At the initial stage Jagruthi was started as a '**Community Based Intervention**' program focusing on children/young women living specially under difficult circumstances in the city of Bangalore. Our Field Staff and Peer Staff were faithfully identifying children/young women abused/exploited in the communities and public places like railway station, bus terminus and so on. Every day new children were arriving or brought to Bangalore with the promising of getting good job or finding suitable life partner. We were able to re-integrate many children into their families and some of them could be referred to other institutions. But by experience we understand, that the needs of these children/youth are varied and more complicated. Among the identified beneficiaries many do have their families in the city and they were doing sex work on part-time basis and other times they do odd jobs like selling vegetables/fruits and do domestic work in different houses. Our staff could build rapport with them counsel them and plan intervention strategy according to their needs. But we find another category of young women who do not have any one in the city to accommodate them. They are, therefore, forced to stay in public places which are not safe and secured. They are all hail from the neighboring states and they expressed that they did not want to go back to their families. This made it difficult for the staff to meet them continuously to help and guide them. In addition to that our staffs have to face a lot of harassment from the pimps and police personnel.

These children used to stay in different places as per their conveniences like Railway Stations, Bus Terminals, Market Place, Temples etc., and go for sex work and also some other odd jobs. So it was found that it would be better that we start a Short-stay Home/Transit Centre to provide them safe environment and then plan for their future rehabilitation. This is how we started a "**Home Care Centre/Transit Care Centre**" to provide them proper training for life and transform their lives, otherwise the work we are doing will be incomplete and not fully justified.

Our chief concern is to '**Protect the Rights of Children**' and provide them safe and secured accommodation with basic necessities of life. As per the regulations of the Government we have fixed CCTV camera in all the essential rooms to monitor the movement of children and prevent any kind of problems from outside. Apart from residential staff we have appointed a Children Protection Officer. The children have the freedom to meet him and tell him their grievances. We have also fixed a 'Suggestion Box' for the children so that they can express their desires and suggestions in writing. For the near future we are planning to empower the children in Leadership qualities so as to make them responsible to advocate the "Rights of the Children" in the center and in the society.

Activities during the year of April 2016 to March 2017

- 1. Educational Trip To Mysore (April 2016)** – As part of Summer Innovative Programmes. Supporting and joining us were CSR Volunteers with Children from our Home Care Centers. Around 100 of us were for this jolly and educative one -day trip Visiting Historic places and information about them for increase in the knowledge of children.



2. **Summer Camp Activity Special (April & May 2016)** - Art and Craft with CISCO volunteers , Student volunteers from Christ University, CMR,MCC etc This was wholesome program of meditation, moral storytelling, action songs, life skill learning, creative thinking, and cultural programs, outdoor sports, ended with final day of discussion, dance and music.



3. **General Science Activity by Seema & Team Cisco- to kids at HCC (June 2016)** - General Science Activity - Tour to Solar system on a laptop, Science based mini-games, drawing and coloring competition other small games were conducted.



4. **World Yoga Day (July 2016)** – World Yoga Day Program was conducted with CISCO Friends and students and staff by Mr.Suresh Kumar K R leading students (MEG School students),Children of Jagruthi, staff and volunteers from Cisco from meditation to different 'asanaas'/positions of yoga. Importance of yoga was also shared.



5. **Flower Show Visit to Lal Bagh Botanical Garden (August 2016)**- The children of our Home Care Center were taken to The Flower Show At Lal Bagh Botanical Gardens along with CSR volunteers and staff. Around Independence Day –the garden would be decorated with amazing flowers, especially inside the Glass House – Thematic models in flowers, parliament house, and national bird –peacock and other beautiful models.



6. **70th Indian Independence Day was celebrated in HCC (August 2016)** - Where children performed dance, speech, songs etc Fancy Dress display by Playschool kids- representing freedom fighters and leaders. he medals and prizes won by our children in inter-school competitions were distributed by our Chief Guest Mrs.Shashi Rekha Mukund , Councillor of the area ward 79 (Sarvagnanagara - BBMP)

7. Children at Bal Bhavan Stage Theater – International Theatre Fest (September 2016)-It was a rare and wonderful privilege that our children watched this play at Bal Bhavan Stage Theater, titled 'Buy one get one free' part of the International Theatre Festival for Children 2016. Children were absolutely astonished and surely learnt the message through the play - the artistes (actors and the musician) were par excellence.

8. Diwali Celebration (October 2016) – The festival of lights was celebrated with volunteers and care taker staff with lighting lamps, small Pooja and some dance.



9. Dasara Pooja (October 2016) –This festival of utensils was a grand one where Home Care Center children and staff did puja and celebrated by distributing sweets.



10. Excursion for Children-Historic Somnathpur &Thalakadu (October 2016) - Excursion for Children to Historic Somnathpur & Thalakadu places around Mysore. Mandya for Home Care Center children with around 20 volunteers from Cisco Joining staff of Jagruthi. This obviously opened the eyes of the children as they saw historical significances of these places, temples directly & also the beauty of the tributaries of Cauvery river in Thalakadu.



11. Two Day Trip Kodagu with Cisco (November 2016) - Started at 4 am - Visited Tibetan Golden Temple, Kushalnagar, on the way full of fun and dance -Kids with Cisco volunteer & staff, Lunch at Jyothi Hotels, Dubara waters -Elephant training area- played in the waters of pebbles and strong force.Madikeri Fort, Raja Seat Park - Entire view Kodagu from the high hills, Virajpet - Stayed in a hall after having a delicious dinner, Sri Murthi temple, Mrithanjaya temple at Ponampet,lunch in the gardens, Irupu falls , Gonikappa, dinner at Halli mane - Bangalore at 4.00am.This was certainly a big exposure for kids to just enjoy and be moved by nature.



12. Christmas Program (December 2016) – Christmas Program At Home Care Center - Children had a great time with Volunteers,staff and foreign guests - Henry Linnsen, Emilia Ostling and Kevin Basele.



13. World Differently Abled Day (December 2016) - Children were taken to Snehadeep – A Training center for the blind .To understand their overlooking of their disability and dedication and focus of having a good career by independent sustenance.Our networking programs were also discussed.



14. Shankranti/Pongal Festival (January 2017) – The beautiful traditional festival of Shankranti was celebrated in MEG School with all children (Home Care Center and community children) and staff with great cheer. After a small 'puja', to signify Shankranti -Sugar Cane shoots, A dazzling pot painted by kids and staff placed on fire wood for the Rice, dhall, jaggery to boil and as children cheered out the shouts.

15. KNH Germany officials visit – Mr.Christoph Den and Mr.Michael Scramm along with Mr.Amit Chaudhary of KNH India visited the Playschools and had interaction with staff and children after a small program by the children in January 2017.



16. Culture Program-Jagruthi & Jawahar Navodaya Vidyalaya,Kodagu (February 2017) - Three Day trip to Kodagu was organized by Cisco volunteers -Mr.Sampath Bananda & Mr.Pavan D'Souza (ex-students of Jawahar Navodaya Vidyalaya, Kodagu) with for an Integrated Culture Exchange Program between Jagruthi & Jawahar Navodaya Vidyalaya – A residential school of 45 acres campus that had a river bed, main school building, auditorium, staff quarters, huge dining halls, boys and girls dormitories, Medical rooms, Football, hockey and basketball grounds etc.

On the way we visited Golden Temple in Kushal Nagar in the Tibetan Community, Kodagu, Dubare waters,

We joined the beautiful assembly of the school, after which Sampath introduced Jagruthi, where a memento was given to Mr.Isaac PM, Principal of Jawahar Navodaya Vidyalaya, after this one of our girls, Beena gave a briefing about Jagruthi. Mehendi, Pick & Speak, Dumb Charades, Memory Test, Rangoli ,Collage making were the activities. Children of both institutions enthusiastically participated and as it parents meeting-even parents and teachers involved and elevated the excitement and thrill. Outstanding results of participation were seen in all children & their performances . On the way back our children were taken to Balmuri falls as well.



17. Planetarium & Vishweshwariah Science Museum Visit (March 2017) - It was a learning experience that was an eye opener to children in bringing deep interest in Science - Machinery, Biology, Cells, Plants, Physical sciences, and Solar System and the like.



Case Study I - Jaya (17 years)

Jaya, as on today, is a young girl of 17 years old doing Montessori Teachers Training Course in Concern Community College in Bangalore. Her dream is to complete this course successfully and find a suitable teacher's job in a Pre-school and earn her living. In city like Bangalore there are plenty of opportunities for trained teachers to get employment in Early Childhood Education Development Centres or Pre-primary schools with a decent salary. Jaya loves little children and it is her desire to teach them to read and write and grow together and have a good foundation of education for further studies.

Jaya has least memory about her parents. She was referred to Jagruthi by the Government Hospital in Belgaum (North Karnataka). From the Hospital records we understand that her native place has been recorded as Belgaum- without proper address. We tried to locate the family but unfortunately we could not succeed.

Our concerned staff visited the hospital and the only information we could find was that at the age of 6, she was sent to the hospital to take care of her temporarily. She was taken care of by the Hospital nearly for one year. As no one came forward to claim, the child she was referred to Jagruthi through the Child Welfare Committee in Bangalore.

At the young age of 7 years Jaya was received by the Residential Staff of Jagruthi Home Care Centre as a cute child. As a matter of routine we organized a thorough Medical Check-up and screening by the Doctors. We were sad to know that she is a child with HIV positive symptoms. Our staff helped her to take medicines regularly and gave her good food to regain her health. As her CD count was less than the prescribed level and she had to be under ART continuously. Soon her health improved because of the intake of good food in the center and the continuous medication. She was happy in the center like any other child and mingled with other children freely. Apart from this our Counselors encouraged her to forget the past and look towards the bright future with determination.

While staying the Home Care Centre she was very active girl participating in all the activities of the center. She worked hard and secured good marks in all the examinations. She appeared 10th Standard Public Examinations and came out successful. During one of the Vocational Guidance session organized by our , she expressed her desire to take up Teachers 'Training Course. We could secure a seat in the Concern Community College. She is so happy that her dream has come true and she is going to be a teacher for the little children soon.. She is grateful to Jagruthi, the Team of Staff and the sponsors for their prayerful support to her to attain her goal of becoming a responsible person in the societal mainstream.

Our Social Worker would certainly assist her in finding a teacher's job in one of the good schools and we believe that she will have a bright future. We will do the necessary follow-up with regard to her health and trained her to take care of her health by regular medication and good diet. Now the whole world is open and she can lead a dignified life.

Case Study II – Rajeshwari (15 years)

Rajeshwari, a 15 year old girl is studying Std 8 in MEG School nearby Jagruthi Home Care Center in Cox Town where she stays currently. She is a talented girl who writes poems in Kannada and extremely skilled in art work. Also, very passionate about promoting young girls' rights and concerns of women which is encouraged by our team and she participates in extra-curricular activities with this theme in her mind most of the times and relates it to the topic given in the activities. This is because she went through a very rough path in her life in a patriarchal society and having been admitted to an organization like ours where these issues are attended with deep concern.

She is the daughter of Nagarjuna and Ningamma, Father died of sickness when Rajeshwari was 9 and Ningamma, her mother also passed away after a year's due to health problems. They were from a very drought hit area in the Borders of Andhra Pradesh and Karnataka states of India. At this juncture, they did not have other sources of income, but forced to do agricultural work but that again brought meager income. But Rajeshwari had a sister who was a few years older to her who was already married and who took care of her for some time.

Rajeshwari did go to a village school until primary classes –till 5th std .Later, for high school she had to walk 4 kilometers from her village through the wilderness. Looking at this situation most of the villagers there force the girls of just 12 or 13 to get married and they divide the families. Unfortunately, Rajeshwari had to go through this and she was married to a man much older to her though she was hesitant, sadly she was beaten up by her sister and brother-in-law to follow what they said.

She lived with her husband without much issue for about two months doing all the household work at a young age of 13. As days passed, she realized her husband was an alcohol addict and used to beat her up, call her names, also suspecting her of extra-marital affairs. Rajeshwari was shattered, shocked was in deep despair. Thus, after about 9 months of suffering, she fled from there to her sister's place who were not paying attention to any of her concerns. So one day, she decided to leave her village and she took a bus with all the money she had, to Bangalore in the end of June 2016.

Fortunately, the day she arrived to Bangalore our field staff found her, but, being approached by some curious local people as she was very tired and seeking for some help to freshen up herself. It obviously looked like she was vulnerable among those men and women in the City Market area, to any danger being a child of just 14. The field staff immediately approached her and made her comfortable and brought her to the clinic and center where she narrated her whole story with lot of grief. Thus she was admitted to Jagruthi Home Care Center in Cox Town, Bangalore. Later admitted to MEG School.

We did trace her brother in law as she had his contact number, but, when we contacted him, he did not show any interest in the situation of Rajeshwari. He did inform anything about her sister as well. Beyond all this, through counseling, our attention and care she is coming through well in her studies and other activities though she gets disturbed and haunted by her past.

We definitely feel having done a great rescue job in the apt time and Rajeshwari will surely have good future through our interventional programs.

III Education Development Program

Jagruthi runs the school from 2011 ever since it was approached by Seva Sachin Officials. Doddigunta is one of the major slums in the City of Bangalore where people from different Indian states with different languages live together as a marginalized community. Tamil, being the most spoken language apart from Telugu and Kannada. The children live under vulnerable circumstances without good food, hygiene, education and safety.

Activities during the year of April 2016 to March 2017

1. In April, With CISCO CSR Team, Home Care Center Children and children of MEG School were taken to view Women's T20 International Cricket Match-Chinnaswami stadium in Bangalore. (April 2016) : This was encouraging and enlightening for all the children especially for our girls who are good and aspire to be in sports.



Children with volunteers and staff at the stadium during the Women's T20 cricket match between international teams

2. Innovative Summer classes (April 2016) - of various activities - English, Kannada, Hindi classes through games, activities- writing and oral, sports, Confidence building classes, Games for students and staff together, Awareness Sessions, Playschool Programs, Art & Craft and more at MEG School- Kids of Jagruthi and MEG School students from Doddigunta. Through these activities prizes were distributed to many prominent and active students.



Principal & teachers involve in summer games with kids



Children solving puzzles- scenery



Teacher uses materials to define and exercise Arithmetic



Outdoor games during summer camp



Secretary Madam Renu, distributing prizes to the best performers in summer camp competitions



Group Song presented by teacher and students



Children in 'Moral Story Writing' activity



Children, volunteers, staff after the Summer Camp

- 3. An Educational Trip to Mysore (April 2016)** as part of Summer Innovative Program was organized on 29th April 2016. Supporting and joining us were Cisco Volunteers in good numbers with staff and teachers of MEG School and our Children from our Home Care Centers. Around 100 of us were present for this educative one-day trip visiting Historical places, gardens and KRS Dam.



Children with volunteers and staff by a lake bed



Children in front of the Mysore Palace with volunteers

- 4. Summer Vacation (May 2016)** - started from 1st May 2016 till 15th June 2016. The school re-opened on 16th May 2016. Bridge courses started on 17th May 2016.

- 5. New teachers appointed (May 2016)** - Mrs. Mary and Mrs. Jayanthi are appointed for primary and middle school. Each one having around twenty years of experience.

- 5. Summer Camp- special 3 days for Children of our centers from 12th to 14th May 2016.** - Cisco volunteers, YFS - volunteers from Christ University, CMR, MCC. This was a wholesome program of

meditation, moral storytelling, action songs, life skill learning, creative thinking, and cultural programs, outdoor sports, ended with final day of talks, dance and music.



Children doing meditation in the morning as the initial part of the program



Children, volunteers, staff at the end of the summer camp

6. It was an absolutely thrilling to get **80% pass result this time in the 10th standard (school final) exams** this year with good marks in English and General Science. The students have been directed to various training and higher education pertaining to their skills, marks and aptitude and future.



The 10th std batch of 2015-16 with Principal, Secretary and other officers, teachers and guests

7. **World Environment Day – 5th June 2016, Green Flame** .Teaming up together - Jagruthi associated with Uttirna, HELP,CISCO CSR, Jaya Karnataka (Mattadahalli Team) to organize this initiative of planting 600 saplings in North Bangalore area to spread this message with Jagruthi and MEG School children of creating a fresh breathing environment going against global warming and being eco-friendly by being active examples to the rest of the world! Children showed keen interest in this activity as they are highly sensitized apart from being taught by us staff but also by seeing the hazards caused to nature and it's well-being by the people.



Volunteers, staff with Children plant a sapling together



Our kids plant a sapling in one area

8. Headmistress Meeting At SDA School with BEO (Block Education Officer of the Government)(June 2016) -

The improvement of results were discussed specifically in our school that the 10th std result was much above than the previous years. The Right to Education (RTE Act) was discussed.

9. Special Emergency meeting by the Secretary (June 2016) - The things discussed were about teachers to be careful and to check that pupils do not bring eatables and harmful/ dangerous things like knives, needles, chemicals etc. Teachers to be professional and not to use harsh words to children. To improve their language skills in English from the lower classes itself.

Parents and teachers' meetings to be conducted every month without fail.

10. International Yoga Day (June 2016) - On 21st June 2016, Management organized a film show in our school auditorium and Mr. Fredrick and Mrs. Saraswathi explained about the importance of yoga. Again, Yoga meditation was practiced on July 9th, 2016 for about 40 students along with Cisco volunteers And a college volunteer doing internship. This was for 2 hours to acknowledge World Yoga Day. It began with a silent meditation rest of the session was with light music and the 'Asanas' done were Padmaasana, Swastikasana, Pranayama asana, Pranayama and Shavasana.



'Padmasana' by the children and volunteers



Children with Yoga trainer, staff & volunteers

11. International Doctors' Day (July 2016) - International Doctors' Day was observed in honor of all doctors and we appreciated our doctor who is there all our working days in our clinic with a flower bouquet by Mr. Fredrick and speech by Principal Madam Lucy, Mrs. Saraswathi, Mr. Kannan, Administrator. Doctor advised all the children to take care of their health on a daily basis with some tips of good habits.

12. English Debate - On 9th July 2016, English debate was conducted, organized by all teachers headed by Mr.Fredrick, Ms.Regina and Ms. Saraswathi .Children participated with enthusiasm where they brought new insights about the social topics. Prizes were distributed.

13. Parents' and teachers' Follow up meeting - Secretary Madam Renu, Administrator – Mr.Kannan and Principal were present along with teachers and students of their respective classes. Teachers gave a general report about students who lack interest in studies. Secretary advised the children to give their best without inhibitions or doubts about their future. Parents were encouraged to come to school and regularly enquire their children's progress.

14. Part-time Drawing and Painting teacher and Consultant Observation - Kalpana Madam is a part-time drawing and painting teacher who trains class V and VI students. The students involve in the class with great interest and we are thankful to the management for this arrangement of classes as the children who are already good in drawing have excelled well.

Ms.Devika observes high school teachers' classes – Mr.Fredrick's class of Maths was reported to be good as there was continuous interaction between students and the teacher. English and General Science classes were observed and reported that they were good too.

15. Our children's victory in the Inter-school Sports competition - Teachers Mr.Christy, Ms.Regina and Mr.Deepak, Counsellor took keen interest in training the students. The events were in Maria Niketan School and St.Aloysius School. The students did well compared to the previous years - the girls participated at the cluster level and got 1st prize in Kabbadi, Boys got 2nd in Football. Girls will participate at the Taluk level. We are so pleased have the support of the management for encouraging students in sports that can be seen in their performances.

16. Extra CCTV Cameras installed - At health center near the Counsellor's table, Principal's office room, staff room and in UKG classes of the Playschool. Management takes keen interest as usual to improve the standard of education with all facilities to students and staff safety.

17. Children participated in different roles in a movie on Child Labour ,directed By Ashok a film maker - In the month July few of our students did roles as brothers and sisters working and studying in a movie on Child Labour. This experience enhanced children's concept of this evil called Child Labour through emoting feelings in front of the camera according to the scripts given to them.

18. 70th Independence Day Celebration - 70th Indian Independence Day was celebrated where children performed some drill exercises that were practiced in early India, like Pyramid and other performances, speech in English, Kannada and Hindi; Fancy Dress display by Playschool kids- representing freedom fighters and leaders. The medals and prizes won by our children in inter-school competitions were distributed by our Chief Guest -Mrs.Shashi Rekha Mukund , Councillor of the area ward 79 & Ms.Renu Appachu, our School Secretary. Teachers and guests also gave their thoughts about Independence Day with some advice to the kids. Sweets were distributed to all at the end of the program.



The chief guest performing a puja



March past by the houses (teams) of the school



Students listen to the speeches



Playschool fancy dress for the occasion- dressed as prominent personalities



Drill by primary school students



Pyramid by the high school boys

19. Road run event, 'Run For Bharath' - On the 70th Indian Independence Day there was another Event to motivate people to keep fit and run for our nation called 'Run for Bharath'. A five kilometer run during the dawn of Independence Day around RT Nagar in Bangalore. Organized by Jaya Karnataka, a Team of Jagruthi, Uttirna, Seva Sachin , HELP & Kingfisher.

We had six of our high school boys from our School who participated and one of them by name Thohith Charan of std 10, finished fourth among 150 runners from all over the city of all ages and backgrounds. Thanking all the organizers.



Six of our high school boys before the run



Thohith Charan who finished fourth in the marathon



The big banner of 'Run for Bharath'



Students with staff at the instructions

20. Children at Bal Bhavan Stage Theater - International Theatre Fest - Our children had a wonderful privilege to watch this play at Bal Bhavan Stage Theater, titled 'Buy one get one free' part of the International Theatre Festival for Children 2016. Children were absolutely astonished and surely learnt the message through the play - the artistes (actors and the musician) were par excellence, we acknowledge the skill and the experience of the Director and the organizing team. Grateful to Mrs.Arundati Nag, Special thanks to Mr.Sampath Kumar, All Rangashankara coordinators for taking care of us throughout the show and arrangement of transport. Thanking Mr. Subramanian Jayaraman, Rotarian for all the support. This exposure was a new experience for the children to see these enactments with their own eyes. Since, some of them were much interested in acting they were able to identify themselves with the actors and they could learn the art of acting without stage - fear.



130kids from our School, staff and with the Manager of the theatre



Children get excited as they get into the premises of

-Rangashankara, Subramaniam Sir, actors and the musician



Children seated to watch the stage play



Children enjoy the journey in the bus

21. Annual Sports Day 2016-MEG School -Annual Sports Day 2016-MEG School with Analog Devices

Volunteers, Cisco Volunteers and Jane Prudden of OWC was conducted with great cheer. Well planned and organized by the entire team headed by Mr.Fredrick, Deputy Principal Mrs.Homer, staff -Administrator, PT Master, Counsellors, teachers and our dear volunteers helping us on the field.

Three houses-Red, White & Yellow participated well - children from primary to 10th participated with great enthusiasm and gave us insights about their athletic skills though they would have practice or exposure to such prerequisites though being considered the marginalized in the general sense by the society. A series of events were conducted for all students from lower primary school to high school and staff and volunteers. Running race short distance, long distance (1500 meters) , potato race, obstacle race, frog run race, short put and it ended with a fantastic drill by the boys and graceful dance aerobic display by the girls. A uniform dance display by high school girls was splendid as they did a very well-coordinated act with collaborations. Both girls and boys were so energetic continuously and participating and winning these events though most of them may not be as fit as other children from other parts of society.



Dy.Principal, HM.Fredrick Sir,Mr.Kannan and the announcers Girls with full effort in the skipping race



Staff Game that was played enthusiastically by staff and volunteers





Boys doing their best in Obstacle race



Boys in the long distance run of 1500 meters



Girls' dance drill that left everyone astonished with their elegance and timing of display and coordination

Teachers' Day

Teachers' Day is celebrated in the memory of Dr.Radhakrishnan's birthday on 5th September – The first President of India and a famous teacher. This time we were happy to have the school founder Mrs. Vasanthi Dufour. Teachers were honored by children's entertainment programs and all teachers remain thankful to the Management for wonderful arrangements and gifts, especially to Secretary Madam Renu for her appreciation and encouraging words.

Gandhi Jayanthi

Since 2nd October 2016,Gandhi Jayanthi was on Sunday , it was observed on the previous day Saturday-1st October, 2016. Students Varun, Ramya, Thohith of 8th, 7th and 10th std respectively gave their speech. Both Principal and PT Master spoke a few words on the day after a small 'puja' that was done.

Special Dental Check Up and Follow-up treatment during October 2016

Ambedkar Medical Institutions conducted a dental check-up for Primary school children. Mrs. Geetha, teacher of std 2 was requested to accompany the children as they went for screening, scaling, filling and root canal treatments followed by earlier screening. Doctors and other medical staff also visited the school prior to taking the children to the Institution and also treated patients from the Doddigunta community in our school clinic.

Excursion for Children-Historic Somnathpur &Thalakadu – 15th October 2016

Excursion for Children to Historic Somnathpur &Thalakadu places around Mysore & Mandya was organized for middle& high school children with around 20 volunteers & staff. This obviously opened the eyes of the children as they saw historical significances of these places, temples directly & also the beauty of the tributaries of Cauvery River in Thalakadu. Also playing in the back waters, a boat ride -All enjoying with eager volunteers and with enthusiastic children.



At the Somanthpura Keshava Temple-Children, staff and volunteers together. Children play in the waters before the boat ride.

Summative Examinations

Seating arrangements were taken care well by Mr. Fredrick and the exams were conducted systematically. After which holidays started and school reopened on 17th October 2016.

Essay Writing Competition

Topics that are relevant and trendy were chosen like School, Time, Pollution, Ecological Hygiene etc. Students of from classes 5 to 10 participated with great enthusiasm.

Children's Day Fun Fete , 14th November, 2016

Children's Day Fun Fete- MEG School was held as we observe ex and first Prime Minister of India, Pandit Jawarharlal Nehru 's birthday 14th Nov 2016 as he loved children. This time- following the Inauguration, welcome song and dance, A range of activities were in the Carnival was conducted by staff and teachers- Different stalls of games- wheel of fortune etc, spontaneous talent events- drawing, face and hand painting etc. Parents were invited as well this time. Students, volunteers and staff all participated and won prizes. However, the children got maximum prizes also in the final 'housie' game that was for all.



Inauguration of Children's Day Fun Fete & Carnival of Games

19th November 2016 – Debate in Kannada

Topics like current Media & Doordharshan ,Communication barriers etc students from classes 5 to 10 participated with great motivation and brought to light many new thoughts about the topics.

Staff Trip – 26th November 2016

The management organized a Trip for staff and also insisted that staff especially teachers should have reflection insight programs by silent meditation regularly in the future. This trip to Mysore was a recreational and a cherishing one, Visited Ranganatha Temple, Chamundi Hills, and Palace in Mysore etc. returning by 10.30pm to Bangalore.



Teachers' Trip to Mysore along with Principal and all other staff of the school

World AIDS Day Awareness Rally – 2nd December 2016

Started with a brief awareness and documentary session to children in MEG School. A rally around Doddigunta Slum, Cox Town with MEG School students, staff and volunteers to raise awareness with slogans - distributing leaflets, booklets, to the public – shops, passerby, etc. This was basically to raise awareness of HIV/, during this ride we came in contact with many school & college goers and other people who were given awareness. _Also a visit to the government health center at Cox Town – Had an interaction with medical staff.



Before the govt missionary with doctors-children,staff & volunteers. Rally around Cox Town.

MEG School Sports Day Prize Distribution-Congratulations to all the winners and participants



Children given prizes for their performances on Sports Day by Senior Teachers and Head Mistress

Shopping in the Market- Activity for Class 3

Children of 3rd std were taken to the nearby Cox Vegetable, Fish and meat market for an exposure trip and also a small activity where children were given hands on experience of buying vegetables and taking the exact amount of balance money from the vendors. Initiated by Geetha -class teacher and assisted by staff and Cisco Volunteers. Mr. Senthil of Cisco for giving a small presentation to children in the class before the tour. Later after reaching school some of the carrots, cucumbers and onions were used to makes salads for children to have with their lunch. Children were excited and enjoyed a lot as they practically learnt is this activity!!

Republic Day Program.

68th Republic Day was celebrated with great cheer and to rededicate ourselves to be fruitful citizens doing social work and developing our country and others. Speeches like these were given by Principal Mam Mrs.Homer. The Program started with a pooja with the portrait of Mahathma Gandhi Ji - Father of our nation. Then Flag hoisting by Madam Renu - Director of Jagruthi, March past by the students, speeches and special song by students and staff and Sweet distribution by Mr.Peter, the corp of Doddigunta. Analog Device volunteers and Cisco volunteers also joined us.

Integrated Cultural Exchange Program-Jagruthi & Jawahar Navodaya Vidyalaya, Kodagu

Three Day trip to Kodagu was organized by Cisco volunteers -Mr.Sampath Bananda & Mr.Pavan D'Souza (ex-students of that school) with for an Integrated Cultural Exchange Program between Jagruthi & Jawahar Navodaya Vidyalaya – A residential school of 45 acres campus, main school buildings, auditorium, staff quarters, huge dining halls, boys' and girls' dormitories ,Medical rooms, Football, hockey and basketball grounds etc. Selected 20 Children of our school along with all teachers and staff were involved in this program.

During the journey, we took the opportunity to take children to different places. The 1st place of visit was Golden Temple in Kushal Nagar in the Tibetan Community, Kodagu. 2nd was at Dubare waters (originally an elephant training center) – children and staff played in water with great excitement. 3rd we reached the Jawahar Navodaya Vidyalaya. While returning, we had taken the children to Abbey Falls, Raja Seat- mountain view of entire Coorg, Mountains of Mysore and Kerala and finally Balmuri falls in Mysore , reached Bangalore by 11.00 pm on 13th Feb 2017 and made sure children and staff reached home safe.

Primary School Children -Bal Bhavan-Children's Park

Primary School Children from MEG School were taken to Bal Bhavan-Children's Park. Coordinated by the management, school Principal, teachers and staff. Thanks to Cisco volunteers for their presence and support. The children were excited and enthusiastically enjoyed the mini train ride, play park- see saw, glides ,etc And also the colourful Aquarium:)



Case Study I

Thohith Charan

Thohith is a 16 year old boy who lives in Jeevanahalli beside the railway lines , a neighboring congested locality near Doddigunta , about 300 yards from our school. His father , Rudramurthy is a Hindu works as a peon in a Lawyer's office. His mother, Ayesha is a domestic help in a house nearby. Though both are from two major religions – Hindu and Muslim respectively, they do not have marital problems as much as the others in the locality. But his father used to consume alcohol once in a week and used to quarrel with everyone in the family. Apart from Thohith, they have three other boys, two older to Thohith , one younger and all pursuing education in college and school. All the boys studied in MEG High School. However, they suffer from financial crisis as they have incurred debts over the years. Their income is not sufficient to run the family. Thohith's grandparents passed away when he was very young.

Thohith started school in a playschool nearby his home, then continued schooling in another private school till 7th std. However, his talents in running, interest and ability to excel in Science and Math was hardly recognized. Fortunately, his father quickly decided to get him admitted to our MEG School just like his older brothers. The school got him admitted even after a month of the academic year lapsed. As days passed Thohith expressed his talents in class, later was given opportunities to showcase his talents like mimicry, speech, storytelling, running etc. The staff encouraged him especially his class teacher then. The counseling and guidance provided by us was received positively by Thohith, this brought an extensive change in Thohith's mind.

Soon, he became a star in the school excelling in academics and sports. Just like in any other student's life, he did face some rivalry and rebel in the school and in the community but through ongoing monitoring and counseling all the pupils involved, things mellowed down. In 9th std, he was encouraged by us to participate in a barefoot walkathon (10000 meters) among celebrities and other common athletes in Coorg. Astonishingly, he finished third and made all of us proud. Then later he excelled in inter-school Science, Sports competitions. Then on, he became the Class monitor to School pupil leader.

Out of all the bad financial situations at home, he seemed to just become better and better. In his 10th Std he scored A grade marks and now he has started college in a private institution taking Commerce as his optional subjects. He now stands as a live example to many of the children coming from the same backgrounds.

We certainly hope that he has a great career and a life without financial crisis in the future unlike the current situation in the family.

CONCLUSION

We are glad to report that year by year there is significant improvement in children's lives in our centers, school and in the community. There is improvement in their health as well as in academics, awareness and knowledge. However, we have a great motivation to enhance our programs and reach more young children and youth in transforming their lives as that is our vision – help them lead a value based life!

However, this would not be possible if it was not your support and encouragement. Hereby, we sincerely thank each and every individual and organisation that has supported us through difficult times 1) To provide the needy children under pour and support with good nutrition, education, health intervention, and awareness. 2) The communities to be reached with more effect through our field interventions.

Ms. Renu Appachu,

Managing Director - Jagruthi
